

Africa From Cape To Kruger

5 x 1 HOUR

EPISODIC BREAKDOWN

1. Kalahari

The trip begins in the baking heat of the northwest. Andreas visits Alexanderbay, once a bustling with diamond miners, now a ghost town, and finds out about diamond hunting from a man whose life's work has been looking for the precious gems. It's been an exhilarating start to the journey, now Table Mountain and some Great White sharks are waiting.

2. Around the Cape

Different currents meet in the seas around the cape, which lead to huge seas. The waters around Cape Agulhas have a reputation of being amongst the most dangerous in the world because of the swell – and its inhabitants. The continental shelf stretches 250km into the ocean; and the waters are extremely dangerous. And towering over it all is the Table Mountain.

3. Mountains of Kwazulu Natal

Andreas Kieling continues his journey east, exploring the coastline and rainforests on his way to see South Africa's largest inhabitants, and hopefully some of its most elusive. A head for heights and a strong stomach are needed for a bungee jump from the magnificent Bloukrans Bridge. Deeper in the forest is Storm River Canyon.

4. The Tropic Cape

Stage four of his journey takes Andreas Keiling from ocean to mountain, from swamp to sand dune, as he makes his way to a spectacular Lakeland water park. His day starts with a nerve-racking dip into the incredible underwater world of the Indian Ocean to swim with a school of blacktip sharks. A visit to the parks crocodile centre proves a good way to recover.

5. The Cape Bush

During the final stage of his journey, Andreas visits the legendary Kruger National Park, hoping for a close encounter with South Africa's legendary predators. Under the watchful eye of an experienced bushman he tracks a herd of Cape buffalo. It's hungry work, but here in the park there are no fast food cafes, wild spinach and elephant dung tea are the dish of the day.

