



Tamar Braxton: Get Ya Life!

6x60'

EPISODIC BREAKDOWN

1. The Journey Begins

Tamar Braxton begins an epic journey to turn her life around. In a series of shocking revelations and extreme breakthroughs, the cameras follow Tamar's every move as she reclaims love, reboots her career and battles to reconcile with family.

2. Break Room Breakdowns

After a breakthrough session with Goli, Tamar struggles to record with producer J White; her relationship with David hits a snag after her past resurfaces; Tamar explodes when the production team makes a suggestion.

3. Old and New Wounds

Tamar's dream life comes to a halt when cameras are forced to shut down; Tamar is caught in the crossfire between David's suspicions and relaunching her career; a long-lasting family feud hovers over Tamar, and Mona steps in.

4. Caught In The Middle

David confronts Goli about the nature of the Dream Work; Tamar opens for Todrick Hall, while planning David's birthday party; Goli and Tamar sit down to resolve David's issues; Tamar gets fed up with production.

5. Celebration and Chaos

With Goli and David at odds, and his family in from Nigeria, Tamar juggles multiple challenges at his 50th birthday party; an analysis of Tamar's dream leads to an epiphany, but the peace is shattered when Goli and David have an epic showdown.

6. Final Word

The Braxton family reunites at Trina's wedding; Tamar suffers the aftermath; David reveals all; Tamar's final days of production unravel, and Mona steps in.

