

My Greek Odyssey (Series 1)

13 x 60'

EPISODIC BREAKDOWN

1. Athens to Greek Easter

Our journey begins in the Greek capital of Athens. It's one of the oldest cities in the world. It's the birthplace of democracy, philosophy, modern medicine, mathematics, free speech and the power for you and I to vote for our elected officials. The city is also packed with ancient ruins, many of which are amongst the most recognisable sites on the planet. In this episode we start the odyssey by exploring this magnificent city, as well as delving into the foundations of the nations religion, told through experiencing the festivities of Easter.

2. Epidaurus/Moni/Spetses

This episode I'm leaving the big smoke, and heading across the Aegean to Epidavros. Here I'm going to delve into the history and unique culture of the region. It's a part of the country that many of the city dwellers visit for holidays, but for some reason, most foreign tourists don't make it part of their itinerary. My plan is to show you that if you do find yourself heading to Greece, then this place has to be not only part of your journey, but a highlight. From there I'm making a quick stop at the little-known Moni Island. It's home to hundreds off peacocks and is one of the few places in Greece where you'll find an animal that outnumbers the goats! Our final port of call for the episode is Spetses. It's a place where life is lived in the outdoors, with the sun on your face and wind in your hair. As historic as it might be, it has a youthful energy about it that's quite infectious, and every time I visit I feel invigorated.

3. Spetses/Hydra

Spetses is best known for its maritime history, and is the perfect place to learn about the nautical past of the country and many of the most significant people and moments in Greece's history. On this occasion, I've also timed my visit so I could see the spectacle that is the Spetses Classic Yacht Regatta. From Spetses I cruise across to Hydra. You really don't have to travel far in Greece to find yourself in a place that's completely different to your last port of call, and in the case of Hydra, it's even more apparent. From the donkeys walking the streets to the amphitheatre like harbour with centuries old homes crowding the hillside, it's a special place that seems trapped in time.

4. Hydra/Dokos

Hydra is one of the busiest ports in Greece. Everyday thousands of visitors come by ferry to stroll around the harbour area, eat at the cafes, swim in the clear blue waters and take donkey rides to explore the town's laneways. There's no denying the beauty of the place, or its unique attributes. In this episode I'm continuing my exploration of the island and taking part in the island's biggest celebration, The Miaoulia Festival. It's a week-long event that commemorates Admiral Andreas Miaoulis, who was a leading figure in the war of independence. It includes boat races, concerts, cultural exhibitions and a finale like nothing you'll have ever seen before. It's an annual event that illustrates much of the proud heritage of the island and something I've always wanted to see.

5. Nafplio/Monemvasia

In this episode my journey through the Aegean continues, as I head deep into the Argolic Gulf to the port of Nafplio. It was the first capital of Greece after the War of Independence and is famed for its mix of architecture. Building styles that tell the story of different cultures having influenced the development of this unique port town throughout the centuries. It's a beautiful part of the country with a rich and colourful history, and the landmarks to prove it. I'm also headed inland to visit one of the oldest settlements on earth, Argos, where I'll be exploring the story of what was formerly one of the most powerful cities in Greece. From the ancient theatre and pyramid of Helinikon, to temple ruins and a hilltop castle, there are countless remnants from antiquity throughout this region whose stories continue to unfold today.

6. Monemvasia/Elafonisos/Kythira

As my journey continues, I explore more of Monemvasia and the inland area nearby. Here I'm going to learn about the past of the island and go from one of the oldest churches in Greece, to one of the most historic wine growing regions in the world. For many centuries a lot of wines from across the country would pass through the Port of Monemvasia, before reaching other parts of the Mediterranean and as far as Northern Europe. From there I make my way to another tiny island that punches well above its weight, Elafonisos. It might only be 16 square kilometers in size, but it's a hidden paradise with a picturesque coast that rivals the prettiest places you'll come across.

7. Kythira

My journey has now brought me to the island my family came from. In this episode, I'm digging deeper into my family history, as I explore the island of Kythera. My parents moved from here to Australia, however I have a tangible connection to the place that I can't ignore. It now feels like a second home, but I'm still far from being considered a local. Every time I return I discover new and fascinating things, and the places I've seen before have usually evolved a little. So no matter how familiar I am with Kythera, there are always a few surprises! This is an intimate exploration of an island close to my heart, and provides a rare insight to a place that's both rugged and beautiful.

8. Kythira/Antikythira

In this episode I'll be discovering more of the island paradise of my heritage, taking in places that I've never seen before, and revisiting old haunts to see how things have changed over the years. I'm then making my way to one of the most photographed places in Greece – Zakynthos. It's the third largest island in the Ionian and a place where the beauty of the beaches rivals any you'll come across in the Mediterranean, and possibly the world. I'll also show you that there's a lot

more to it than just the sun and sand. There's also a rich history and wild encounters to be had. Like most Greek islands, it never ceases to surprise.

9. Zakynthos/Kefalonia

In episode nine of My Greek Odyssey, my exploration of Zakynthos continues. First stop though, is a quick side trip to Pilos for a very special dive. Then it's back to Zakynthos to learn about the famed nougat of the island, before getting to know more about another thing it's known for, the poet Dionysios Solomos. I also catch up with a good friend and visit a self-sustainable farm in the island's fertile heart. Here we share some traditional food and plenty of laughs, while catching up and learning about life in a remote island. From there I head to the turtle sanctuary to meet a few of the locals, before making my way to a new port on the island of Kefalonia. I cover a lot of ground in not much time, so you won't want to miss a single second of it!

10. Kefalonia

As my time on Kefalonia continues, I'm going to explore the stunning Melissani Lake, a place of both myth and beauty. There's only a few such formations found on the planet, and it's one of the more popular sites for tourists. I'm also going to meet a couple of the locals who spend their days at sea, forging a living as fishermen. It's an occupation that has existed as long as humans have inhabited these islands. But as fish stocks decline, who knows how much longer this way of life will last. Plus, I'll be catching up with a friend and trying my hand as a beekeeper, as well as visiting one of the famed wineries that produces the famous Robola, that Kefalonia is known for.

11. Ithaki/Lefkada

Now that I've arrived in Ithaki, it's time to explore what this ruggedly beautiful island has to offer. It might be small, but sure packs a punch. Because it is so tiny, it's easy to see a whole lot in a little bit of time. From here, my journey will then take me to Lefkada. It's a place full of myth and legend, dating back to antiquity. Being connected to the mainland via a causeway, it's a busy tourist destination, but that hasn't taken away from its authenticity. Dig a little deeper than the popular tourist haunts, and you'll find a special place, with both natural, and manmade wonders.

12. Lefkada/Skorpios

This episode sees me continuing where we left off, as I learn how the locals in Lefkada make their wine and check out a remnant of the Cold War. It's one of those postcard locations that holidaying in the Greek islands provides around almost every corner. There are few parts of the world so beautiful and freely accessible, without hoards of tourists. Yeah you might need to arrive early to lay claim to a daybed, but stroll 50 meters up the beach and you'll have a patch of pebbles to yourself. This week I also have a dream come true, when I visit Skorpios Island, once owned by Aristotle Onassis. Few have stepped foot on the island, let alone filmed it. From there we up anchor and head to Paxos, to show you a gem of the Ionian that most never visit. It also happens to be a favourite of my wife Helen.

13. Paxos/Corfu

If this is the first episode you've seen of the show, then you've missed one hell of an adventure. Don't stress though, because we've got some pretty special things in our series final. In the last episode of series one I'm headed to Antipaxos, just a stones throw from its bigger neighbour, Paxos. Then I'm upping anchor and making waves as I cruise across to Corfu, where I'll be spending my final week in Greece, exploring the far north of the Ionian Sea. The last island I'll step foot on for the series is Orthoni. It's the northern-most island of the Ionian Sea and one of the Diapontia group of Islands, in the most western part of Greece. I've left a lot to do in a little time, so get comfortable, because you won't want to miss a second of it!